

# CALIFORNIA MENTAL HEALTH STIGMA & DISCRIMINATION REDUCTION ADVISORY COMMITTEE

## Agenda

**Tuesday, December 2, 2008 10:00 AM to 4:00 PM**

Alumni Center, South State University Drive, California State University at Sacramento

**COMMITTEE GOAL:** To advise the California Department of Mental Health (DMH) and the Mental Health Services Oversight & Accountability Commission (MHSOAC) in the development of the statewide *California Strategic Plan on Reducing Mental Health Stigma and Discrimination*.

#	TIME	ITEM	PRESENTER
1.	9:30	• <i>Registration</i> • <i>Place Parking Permit in Car Window</i> • <i>Lunch payment</i>	
2.	10:00	<b>Welcome</b>	<b>Barbara Marquez</b> , Chief, Prevention and Early Intervention (PEI), DMH
3.	10:05	<b>Where Have We Come From.....Where Are We Going?</b> <ul style="list-style-type: none"> <li>• Overview of Our Work Together</li> <li>• Our Work as a Journey</li> <li>• The Dream Wall</li> </ul>	<b>Susan Sherry</b> , Facilitator, Center for Collaborative Policy, Sac State  <i>All</i>
4.	11:00	<b>Envisioning the Future</b> <ul style="list-style-type: none"> <li>• What Will Success Look Like in 2019?</li> </ul>	<b>Greg Gollaher</b> , Graphics Facilitator,  <i>All</i>
5.	12:15	<b>Lunch Break</b>	
6.	1:00	<b>Legal Protections Against Discrimination</b>	<b>Stuart Seaborn</b> , Associate Managing Attorney, Disabilities Rights California  <i>All</i>
7.	2:15	<b>Frameworks for Explaining Problems &amp; Challenges</b> <b>single space these</b> <ul style="list-style-type: none"> <li>• Definitions</li> <li>• Development Cycle of Stigma &amp; Discrimination toward Mental Illness</li> <li>• Contexts and Partnerships in Addressing Stigma &amp; Discrimination toward Mental Illness</li> </ul>	<b>Kirsten Deichert</b> , Information Officer, Communications & External Affairs, DMH  <b>Facilitators</b>  <i>All</i>
8.	3:45	<b>Wrap Up</b>	<b>Facilitator</b>
9.	4:00	<b>Adjourn</b>	

### MEETING OBJECTIVES:

- (1) Develop understanding of the steps the committee will use in developing the plan.
- (2) Create a vision for the strategic plan.
- (3) Continue developing shared knowledge and understanding about stigma and discrimination associated with mental illness and gaps in existing data, including research findings of efforts shown successful or promising.
- (4) Review and suggest frameworks to provide a structure for understanding how problems manifest and how strategies and actions can be developed.

Pursuant to the Americans with Disabilities Act, individuals who need special assistance to attend or participate may request assistance by calling the DMH Communications and External Affairs Team at (916) 654-2309. Requests should be made one week in advance whenever possible. To accommodate people with chemical sensitivity, please do not wear heavily scented products to the meetings. In addition, if you require interpreting or translating services, please contact us two weeks in advance.